

MERRY CHRISTMAS!

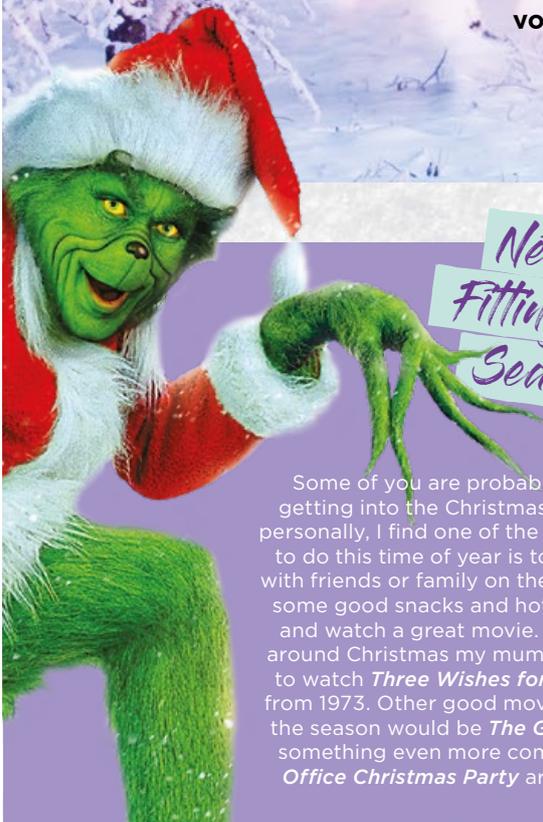
& HAPPY NEW YEAR



Leonies World

Trends rund um die Zielgruppe **18+**

von Trendscout Leonie Doering



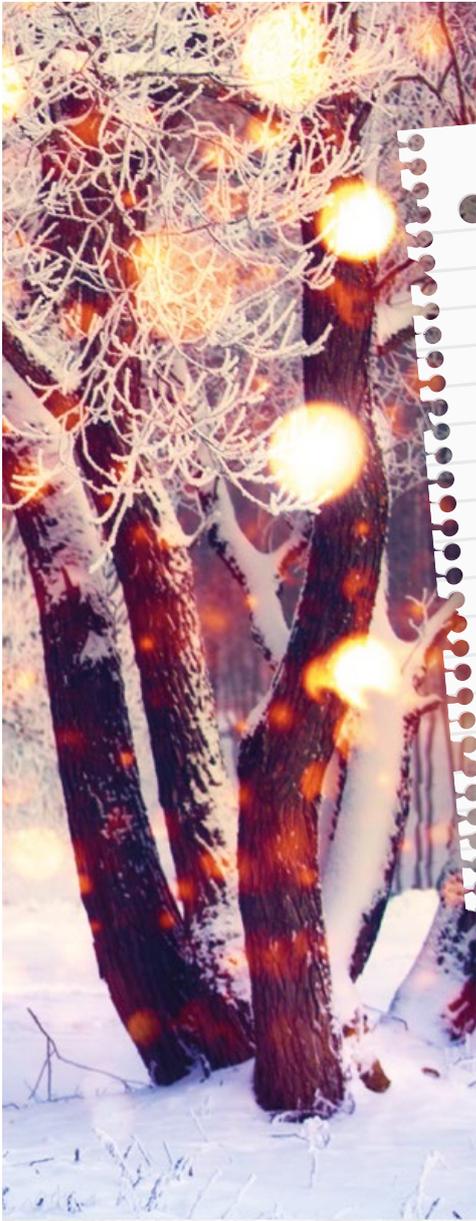
Netflix
Fitting the
Season

Some of you are probably already getting into the Christmas spirit, and personally, I find one of the nicest things to do this time of year is to cuddle up with friends or family on the couch, with some good snacks and hot chocolate, and watch a great movie. Every year around Christmas my mum prompts us to watch *Three Wishes for Cinderella* from 1973. Other good movies which fit the season would be *The Grinch* or for something even more comedic *Elf* or *Office Christmas Party* are top pics.

Lights

Lights can be such a fun way to decorate this time of year, especially with the days being so very short. I personally like more of a soft yellow light rather than harsh white light, as I find it creates a much nicer, calmer, and warmer atmosphere. Therefore, in my room, I have some beautiful candles. I also like a very elegant look, so I just got a basic three-level glass candle set from Ikea. Although you do need to be careful not to leave these alone in your room. A safer option would be some gentle fairy lights, I used these to decorate my mirror.





Butter Cookies

A big part of Christmas time is of course, baking cookies. For this, I have a really simple but super delicious recipe from my great grandmother Martha.

You will need 500g flour, half a package of baking powder, 150g of sugar, 1 package of vanilla sugar, 2 eggs, and 250g of butter at room temperature.

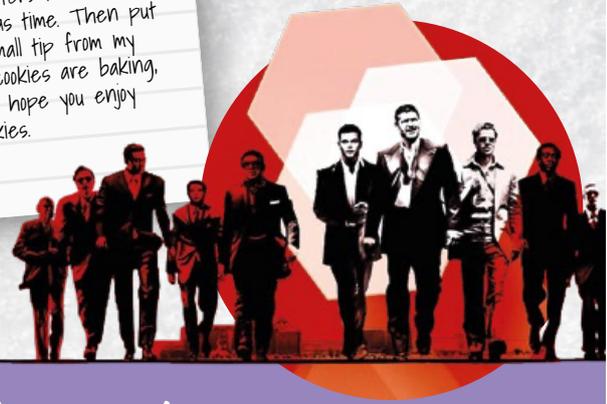


All you need to do is put the flour on the countertop and make a little indent in it (shaped like a volcano), then put all the other ingredients in the indent and mix it together using your hands. When it's a smooth dough, roll it out (put a little flour on both sides), and use cookie cutters to cut fun shapes. I really like stars for Christmas time. Then put it in the oven for 12min at 160°C. A small tip from my mum and grandma is that while the cookies are baking, you sprinkle a little sugar on them. I hope you enjoy baking and of course, eating the cookies.



Oceans Movies

For those of you who don't want to start off with the Christmas movies just, yet **Oceans 11** and **Oceans 8** are trending on Netflix at the moment. I personally just rewatched the series of films and can only recommend it. They make you think just enough, but not too much. They are comedic, interesting, and provide a slightly different perspective on life.



Christmas Gift Ideas

Finding the right gift can be tricky, and sometimes the best gift isn't actually an object but something to do. For example, something I have done was **ceramics painting**. Here you can gift the experience, the product, or even both. I've personally done it in two places, one being: *Mal Anders* in Wolfratshausen, and the other being *Werkxsalon* in Starnberg; both were fantastic. Other similar ideas which I have heard about would be **making your own candles** or a workshop in **making your own jewelry**. I haven't personally done either of these around Munich yet, however, there are several places that offer these experiences.

A slightly different gift idea is taking a box and filling it with lots of little things, that the person you are gifting it to would enjoy. A theme, I usually go for color themes, will make it look a lot more put together. When I make one of these boxes, I also have some go-to things I like to add. This usually includes: an item of clothing, snacks, some cosmetic products, for example, face masks, a nice perfume or bath soap, etc., then something that is more of a joke, and of course something personal, usually a letter and some form of photos. Another thing that might be nice to add is a book to read or a simple notebook. I feel like people are going through a lot mentally lately with Corona and the general difficulties of life, and gifting a notebook not only gives someone a place to write down their thoughts, but it is also a nice way to show you care. Especially if you leave them a little loving note inside. The ones from Moleskine are quite nice for this.

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For Dog Owners

Again, the days are getting short, so for the dog owners among us, this means many of us are probably walking the evening round in the dark.

For the safety of our furry friends, **AniOnes LED light-up collars** are fantastic. They are available in several sizes, durable, and they make your dog easily visible. I got mine at **Fressnapf**, but they are also available online.

